

A selection of fruit & milk available with meals.
Check school website uplifteducation.org for additional information and updates. All our products are whole grain, nut-free & pork free

DECEMBER 2022

Breakfast Vegetarian

Breakfast: FREE
Lunch:
Free & Reduced: Free
Paid: \$2.95
Menu Subject To Change

Monday



Breakfast: **5**

Egg & Cheese Croissant
Or
Cereal

Breakfast: **12**

Poptart
Or
Cereal

Tuesday

Breakfast: **6**

Maple Mini Waffles
&
Cereal

Breakfast: **13**

Maple Mini Waffles
Or
Cereal

Wednesday

Breakfast: **7**

Banana Loaf
Or
Cereal

Breakfast: **14**

Manager Choice
Or
Cereal

Thursday

Breakfast: **1**

Emoji Waffle Sandwich
Or
Cereal

Breakfast: **8**

Frudel
Or
Cereal

Breakfast: **15**

Manager Choice
Or
Cereal

Friday

Breakfast: **2**

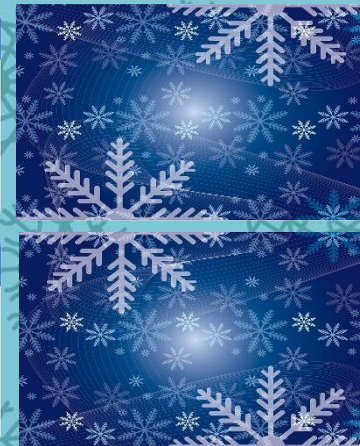
Cereal

Breakfast: **9**

Honey Bun
Or
Cereal

Breakfast: **16**

Manager Choice
Or
Cereal



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